

Brethren Woods' COVID-19 Guidelines for Summer Camp

These guidelines are written in accordance with Virginia guidelines for summer camps, as well as advice from the American Camp Association "Field Guide for Camps on Implementation of CDC Guidance." They are designed to reduce, but may not eliminate, the risk of exposure to and spread of COVID-19 to campers and staff within the camp community and camper families.

A Safe and Healthy Camp Begins at Home

Keeping COVID-19 out of camp is primarily affected by what happens at home before arriving at camp. The 14 days prior to arrival at camp is a crucial time for ensuring that COVID-19 stays out of camp and EVERYONE needs to be committed to doing their part. This protects not only the health and safety of campers and staff in the camp community, but also reduces the chance of a camper getting sick and/or testing positive before camp and missing out on their camp experience by not being able to attend.

- Health Form(s) must be submitted online or mailed and received in the camp office at least 14 days before camp.
- All registration forms, including permission forms/waivers, and payment in full MUST be completed online or received in the camp office at least 7 days before camp.
- During the 14-day period before camp, ALL campers – and their families/household – should self-screen for COVID-19 symptoms and appropriate mitigation strategies per CDC guidelines and COVID-19 Community Level.
- Anyone with a fever (temperature 100.4F or higher), COVID-19 symptoms, or potential exposure to COVID-19 should stay at home and contact the camp office and their doctor before coming to camp.

Entry Requirements and Procedures

ALL campers and staff MUST meet AT LEAST ONE of the following requirements for camp entry and participation:

- Present proof a full vaccination. Final shot in the vaccination sequence must be completed at least two weeks (14 days) prior to camp to be considered fully vaccinated. *Vaccinated campers and staff are STRONGLY ENCOURAGED to also do a COVID-19 test within 24 hours prior to camp.*
- Present proof of a negative COVID-19 test (molecular tests, ex. PCR and NAAT, are preferred) within 24 hours prior to camp. (On-site testing at camp is available for an additional charge.)
- If the COVID-19 Community Level reaches Orange/High, ALL campers and staff will be REQUIRED to present proof of a negative COVID-19 test regardless of vaccination status.

Arrival time frames and procedures will be communicated with families prior to camp and must be followed. Early or late arrivals will not be accommodated. Parent/Guardians should remain in their vehicle during check-in.

Camper and Staff Screenings

Campers and staff will be screened UPON ARRIVAL and MONITORED during their camp program for COVID-19 symptoms including but not limited to:

- Fever (temperature 100.4F or higher)
- Sore throat
- New cough
- Diarrhea, vomiting, or stomachache
- Headache
- Nasal congestion

Family Groups, Community Cohorts, Face Masks, and Physical Distancing

- Campers and staff will be organized into “family groups” with designated living areas and “community cohorts” of no more than 25 campers.
- Wearing face masks and physical distancing requirements will be based on the COVID-19 Community Level:
 - Low/Green – No face masks or physical distancing required.
 - Medium/Yellow – Whenever possible, all activities will be held outdoors.
 - High/Orange –
 - All campers and staff will be REQUIRED to wear face masks whenever they are interacting with campers and staff from another family group or community cohort and are not able to maintain at least six feet of physical distancing. This will include all indoor public spaces shared by other campers and staff, medical services or health and safety responses, and indoor activities when led by staff members who interact with multiple family groups/community cohorts.
 - Strict face mask wearing will be required, and physical distancing will be increased for singing, worship times, activities involving increased exhalation, and all-camp gatherings.
- Camp property access will be limited to essential personnel only.

Hand Washing, Hygiene, and Cleaning Protocols

- Campers and staff must follow our “wash-in/wash-out” hygiene plan when participating in food preparation, eating meals and snacks, transitioning between activities/locations, and using shared recreation supplies.
- If the COVID-19 Community Level is High/Orange: Family groups will be assigned to a bathroom for getting ready in the morning and getting ready for bed in the evening in order to reduce the number of people in each location, especially during showering, teeth brushing, etc. when masks will be removed. Assigned bathhouses for these two times may not be the location closest to their living area and campers/staff should pack toiletries accordingly for transporting

them around camp. All bathrooms will be open for use by the entire camp community at other times with face masks and physical distancing required.

- Camp staff will implement enhanced cleaning procedures and protocols.

Food Service

- Food service will be family group based and include a combination of family-style indoor and outdoor dining, as well as cookouts and packouts.
- All dining locations will be well-ventilated.
- Food distribution plans and clean-up procedures will avoid congregation areas.
- Shared items (such as condiment bottles, serving utensils, pitchers, etc.) will be limited to family groups.

Off-Site Activities and Vehicle Transportation

- Off-site activities will be limited and will access dispersed, low use, uncrowded areas.
- Transportation will be limited to one family group per vehicle at a time.
- If the COVID-19 Community Level is High/Orange: Campers and staff will be REQUIRED to wear face masks while they are in vans.
- Vehicles will be cleaned and sanitized between uses by different family groups.

Healthcare and Quarantine

- A camper who develops symptoms of COVID-19 during camp hours will be immediately quarantined by the Health Manager and may be tested for COVID-19. Parents/guardians will be called for pick-up at the discretion of the Health Manager or in the case of a positive test result. The camper must be picked up from camp within 3 hours of notification.
- The camper must then be taken to their primary care physician's office or a local COVID-19 testing site for a COVID-19 test (must be a PCR test). Those results must be received at camp within 12 hours of the camper leaving camp.
- The family group of a symptomatic camper will be quarantined together at camp until the results of the symptomatic camper's COVID-19 test are returned to camp. A quarantining family group will continue with normal camp activities, but they will be totally separated from other groups at camp and their counselors may lead activities usually led by other camp staff persons.
- In the event of a negative test result, the family group will stop quarantining.
- In the event of a positive test result, parents/guardians of this group will be notified of the possible exposure and quarantine status, and they will be given the choice to keep their camper at camp or arrange for pick-up. Campers remaining at camp will operate as a quarantined family group resuming normal camp activities but totally separated from other groups. The entire camp community will operate at the High/Orange guideline level for the remainder of the session.
- A camper with symptoms who has a negative COVID-19 test result can only return to camp with the permission of their physician and per camp's infectious disease guidelines.

- In the event of a camper or staff person with a positive COVID-19 test, the camp is unable to release the name of the person affected, but families will be notified if their camper was exposed.

Exit Requirements and Procedures

- Departure time frames and procedures will be communicated with families prior to camp and must be followed. Early or late departures will not be accommodated. Parent/Guardians should remain in their vehicle during pick-up.
- DAY CAMPS ONLY: During the entire camp week, campers' activities should be limited to participating at camp, travel to and from camp, and staying at home. Close contacts should be restricted to only those inside their family/household.
- The Closing Program will be limited to campers and staff and take place before pick-up. The program will be recorded and a video link will be sent to camper families.

Communication

- Camp staff will maintain close communication with camper parents/caregivers prior to camp and in the case of exposure or potential exposure to COVID-19.
- Campers, staff, and their families should continue to self-screen for symptoms for 14 days after camp. Any positive test results within 14 days of camp MUST be reported immediately to the camp office.