



**Brethren  
Woods**

# Food Allergy & Special Diet Questionnaire

Participant Name: \_\_\_\_\_

First

Middle

Last

Preferred Name: \_\_\_\_\_

Dates of Camp Program(s): \_\_\_\_\_ Year: \_\_\_\_\_

*For Camp Use Only:*

Area/Group: \_\_\_\_\_ Staff: \_\_\_\_\_

### DIRECTIONS:

1. Persons with food allergies, intolerances, or other special diet needs should complete this form. Use back of form to share additional notes or information if needed.
2. Camp staff are best able to provide accommodations and substitutions to meet the participant's needs if this form is returned at least 14 days (2 weeks) PRIOR TO ARRIVAL. Otherwise, bring it with you when you come to camp.
3. This form will be reviewed by camp Food Service Staff. Please list medical information for our Healthcare Staff on your Health Form.

### Food Service Style and Best Practices:

- Meals are typically served family-style for summer camp and youth programs and buffet-style for retreat groups and adult programs. Persons sit at shared tables (by cabin/family group for youth programs) to eat and fellowship together.
- A daily salad bar is available at either lunch or dinner.
- If a peanut butter and jelly sandwich alternative is offered, sandwiches are prepared in advance in a separate area of the kitchen from other foods and are bagged for distribution.
- We are able to offer vegetarian and gluten-free alternatives for most menu items.

### Please List ALL Food Allergies, Intolerances, or Special Diet Needs:

### General Food Allergy or Intolerance Management (select one):

- I or my child understand and am capable of independently managing my dietary needs, allergies, and intolerances without special food handling, staff assistance, seating/service, or menu supplements. This means that I or my child can sit at a general table for meals, use a shared buffet or salad bar, and can pass and use food bowls served family-style.
- I or my child will need to have help managing my dietary needs. **Please continue below.**

### Menus (check all that apply):

- I would like to review the menu for my or my child's session at camp. Please email it to me (note email below).
- I would like the Food Service Staff to provide special food items (like soy milk, almond milk, soy peanut butter, etc.) for me or my child to supplement the planned menu. *Please list items desired below. Staff will contact you if a request cannot be met.*
- I will be sending/bringing food items for me or my child to supplement the planned menu. *Please list items below. All items should be clearly marked with your or your child's name.*

### Food Handling:

- Food for me or my child will need to be stored, handled, and/or prepared in this specific way:

### Seating and Service (check all that apply):

- I would prefer that I or my child sit at an allergy free table.
- I would prefer that I or my child NOT use a shared buffet, salad bar, or pass food served family-style. You or your child's meals will be prepared and plated separately.
- Other:

### Contact:

- I would like to discuss my or my child's dietary needs with the Food Service Staff. Please contact me at:

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_

Preferred Phone Number(s): Cell \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_

Email Address: \_\_\_\_\_

