

# **Brethren Woods' COVID-19 Guidelines for Day Camps**

*These guidelines are written in accordance with Virginia guidelines for summer camps, as well as advice from the American Camp Association "Field Guide for Camps on Implementation of CDC Guidance." They are designed to reduce, but may not eliminate, the risk of exposure to and spread of COVID-19 to campers and staff within the camp community and camper families.*

## **A Safe and Healthy Camp Begins at Home**

Keeping COVID-19 out of camp is primarily affected by what happens at home before arriving at camp. The 14 days prior to arrival at camp is a crucial time for ensuring that COVID-19 stays out of camp and EVERYONE needs to be committed to doing their part. This protects not only the health and safety of campers and staff in the camp community, but also reduces the chance of a camper getting sick and/or testing positive before camp and missing out on their camp experience by not being able to attend.

- Health Form(s) must be submitted online or mailed and received in the camp office at least 14 days before camp. Health Forms will be available by June 1<sup>st</sup>.
- All registration forms, including permission forms/waivers, and payment in full MUST be completed online or received in the camp office at least 7 days before camp.
- During the 14-day period before camp, ALL campers – and their families/household – MUST practice STRICT face mask wearing, physical distancing, hand washing, and cough/sneeze hygiene etiquette. Large gatherings should be avoided.
- Anyone with a fever (temperature 100.4F or higher), COVID-19 symptoms, or potential exposure to COVID-19 should stay at home and contact the camp office and their doctor before coming to camp.

## **Entry Requirements and Procedures**

Arrival time frames and procedures will be communicated with families prior to camp and must be followed. Early or late arrivals will not be accommodated. Parent/Guardians should remain in their vehicle during check-in.

ONLY DAY CAMP OVERNIGHT CAMPERS (K-8<sup>th</sup> grade) AND OVERNIGHT ADULT CAMPERS MUST meet ONE of the following requirements for camp entry and participation:

- **Present proof a full vaccination. Final shot in the vaccination sequence must be completed at least two weeks (14 days) prior to camp to be considered fully vaccinated.**
- Present proof of a negative COVID-19 test (molecular tests, ex. PCR and NAAT, are preferred) within **three days (72 hours)** prior to camp AND camper/staff quarantine and daily symptom screening from the time of testing until arrival at camp using the form provided by camp.

- Camper/staff quarantine (staying at home and restricting their close contacts to only those inside their family/household) AND documented symptom screening for the camper/staff and ALL family/household members using the form provided by camp for **10** days prior to camp.

### **Camper and Staff Screenings**

Campers and staff will be screened UPON ARRIVAL EACH DAY during their camp program including but not limited to:

- Fever (temperature 100.4F or higher)
- Sore throat
- New cough
- Diarrhea, vomiting, or stomachache
- New onset of severe headache, especially with a fever

### **Family Groups, Community Cohorts, Face Masks, and Physical Distancing**

- All campers and staff will be REQUIRED to wear face masks.
- Exceptions to face mask wearing will include swimming (with their community cohort), showering, brushing teeth, sleeping, eating, and “mask breaks” held outdoors with at least 6 feet of physical distancing between all campers and staff.
- Campers and staff will be organized into “family groups” with designated living areas and “community cohorts” of no more than 25 campers.
- Campers and staff will be required to maintain at least six feet of physical distancing between family groups and community cohorts.
- Strict face mask wearing will be required, and physical distancing will be increased to a minimum of ten feet, for singing, worship times, activities involving increased exhalation, and all-camp gatherings.
- Camp property access will be limited to essential personnel only. All non-camp personnel must wear a face mask.

### **Hand Washing, Hygiene, and Cleaning Protocols**

- Campers and staff must follow our “wash-in/wash-out” hygiene plan when participating in food preparation, eating meals and snacks, transitioning between activities/locations, and using shared recreation supplies.
- All bathhouses will be open for use by the entire camp community with face masks and physical distancing required.
- Camp staff will implement enhanced cleaning procedures and protocols.
- Age-appropriate signage will be posted to provide health reminders regarding physical distancing, hand hygiene and respiratory etiquette, and reporting symptoms.

### **Food Service**

- Food service will be individualized and include a combination of outdoor dining, as well as cookouts and packouts.
- All dining locations will be well-ventilated.

- Food distribution plans and clean-up procedures will avoid congregation areas.
- Shared items (such as condiment bottles, serving utensils, pitchers, etc.) will be limited to family groups.

### **Healthcare and Quarantine**

- A camper who develops symptoms of COVID-19 during camp hours will be immediately quarantined by the Health Manager and parents will be called for pick-up. The camper must be picked up from camp within 2 hours of notification or at the end of the camp day, whichever is earlier.
- The camper must then be taken to their primary care physician's office or a local COVID-19 testing site for a COVID-19 test. Those results must be received at camp within 8 hours of the camper leaving camp.
- Campers in a family group of a symptomatic camper will quarantine as a group for the remainder of their camp day. A quarantining family group will continue with normal camp activities, but they will be totally separated from other groups at camp. Their counselors may lead activities usually led by other camp staff persons. These campers will then be asked to quarantine at home until the symptomatic camper's COVID-19 test result is received at camp. Families will be notified when their camper may return to camp or if they must remain in quarantine at home per CDC guidelines.
- A camper with symptoms who has a negative COVID-19 test result can only return to camp with the permission of their physician and per camp's infectious disease guidelines.
- In the event of a camper or staff person with a positive COVID-19 test result, the camp is unable to release the name of that person, but families will be notified if their camper was exposed.

### **Exit Requirements and Procedures**

- Departure time frames and procedures will be communicated with families prior to camp and must be followed. Early or late departures will not be accommodated. Parents/Guardians should remain in their vehicles during pick-up.
- During the entire camp week, campers activities should be limited to participating at camp, travel to and from camp, and staying at home. Close contacts should be restricted to only those inside their family/household.
- The Closing Program will be limited to campers and staff and take place before the final pick-up. The program will be recorded and a video link will be sent to camper families.
- Families are encouraged to limit family/vacation plans for at least one week following camp.

### **Communication**

- Camp staff will maintain close communication with camper parents/caregivers prior to camp and in the case of exposure or potential exposure to COVID-19.

- Campers and their families should continue to self-screen for symptoms for 14 days after camp. Any positive test results within 14 days of camp MUST be reported immediately to the camp office.