

# Living the Adventure: Christian Men's Mountain Weekend

## October 5-6, 2018

### Called to Be Christian Men

- How do we balance family and work?
- How should we interact with our children?
- Are we to be warriors, sensitive, metro-sexual, or what?
- What is moral masculinity in this day and age?

*These and other issues challenge Christian men who want to live faithfully.*



**What is the Christian Men's Mountain Weekend?** Aaron Kipnis, in *Knights Without Armor*, states that, "Men are not only competitors. Men are also brothers. It is natural for us to cooperate and support one another. We find strength and healing through telling the truth to one another – man to man" (1991, p. 93). Solomon says it this way: "As iron sharpens iron, so one man sharpens another" (Prov. 27:17). So this is a weekend experience of exploring together the call to be Christian men. Cabin lodging, a rock climbing/rappelling adventure, interspersed with some input and discussion times -- this setting gives us an ideal opportunity to be challenged, to explore and play together, and ultimately, to learn from each other how to be the men God is calling us to be.

**When?** Friday Oct. 5 (starting at 6 PM; eat supper on the way or before arriving) and Saturday Oct. 6, 2018 around 7pm.

**Where?** Cabin lodging north of Timberville VA, and rock climbing on Waterfall Mountain in the George Washington National Forest.

**Who?** Any Christian man (18 or older) who desires to be faithful to Jesus Christ, and who wants to go deeper in this journey of manhood with a small group of like-minded men. Activities will be physically vigorous but not extreme – a moderate degree of physical fitness should be adequate. Group size will be limited to 12.

**Cost?** \$75 each covers meals, insurance, activity fees and permits. Activities include: half-day rock climbing, some outdoor solo time, and good times of group input and sharing. Each one may determine their personal level of participation in the adventure activities. Snack Friday night and 3 meals Saturday are provided.

**Leadership:** This event is co-sponsored by Brethren Woods Camp and *WILD GUYde Adventures*. Lester Zook is a member of Horizons Christian Fellowship in Harrisonburg, Virginia. He and his wife Robin have 4 grown children and 3 grand-kids, and he readily admits that he hasn't always done the parenting and husbanding thing very well. Lester owns *WILD GUYde Adventures*, providing beginner outdoor adventures in the nearby National Forests and National Park. Lester is a Wilderness First Responder, and a certified member of the American Mountain Guides Association (Single Pitch Instructor).

**Equipment:** *WILD GUYde Adventures* provides all specialized activity instruction and gear (caving helmets, ropes and harnesses, etc.). A personal clothing/equipment list will be supplied upon registration.



## Christian Men's Mountain Weekend: Personal Clothing and Gear

Reading: You might want to pick up and read one (or several) of the following before coming. Then mark up a few pages and bring it along to share with us what you are learning.

- **Wild at Heart.** John Eldredge
- **Life Passages for Men.** E. James Wilder, Servant Publ., 1993.
- **The Measure of a Man.** Jerold Lee Shapiro, A Perigree Book, 1993.
- **King, Warrior, Magician, Lover.** Robert Moore and Douglas Gillette, Harper-Collins, 1990.
- **Man Enough.** Frank Pittman, G.P. Putnam's Sons, 1993.
- **Knights Without Armor.** Aaron Kipnis, Jeremy P. Tarcher, Inc., 1991.
- **Iron John.** Robert Bly, Addison-Wesley Publ. Co., 1990.
- **Point Man.** Steve Farrar, Multnomah Press, 1990.
- **The Man in the Mirror.** Patrick Morley, Wolgemuth and Hyatt Publ., 1989.

### What to Bring

#### Clothing:

check [www.weather.com](http://www.weather.com) for **Timberville VA** for the weekend before packing

Clothing for outdoor activity (mix: t-shirts and shorts, but also some long pants and long sleeves)

Clothing for *warmth* (Under Armor, fleece vest or jacket, sweatshirt, etc.)

Clothing for *rain* (Gortex jacket, poncho, rain pants, etc.)

Hiking footwear

Hat (sun, rain), bandanas

Wash cloth and towel(s)

#### Gear

Water bottles or Camelback (2 qts. minimum)

Sleeping bag and sleeping pad

Hiking daypack

Toilet kit (including sunblock, etc.)

Small bible, notebook, and pens/pencils

Optional: Camera and film, binoculars, portable musical instrument (harmonica, guitar), sunglasses, elastic security band for glasses, prescription meds (if applicable),

Leave at home: Cell phone, laptop, iPod, CD or MP3 players, BlackBerries and PDA's, fixed blade knives or other weapons, unnecessary jewelry, non-prescription drugs, tobacco products, alcohol, fireworks, work-related reading material, ego

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## Men's Retreat Registration Form

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Email: \_\_\_\_\_

Home Congregation: \_\_\_\_\_

Allergies or other Special Needs: \_\_\_\_\_

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Roommate Request: \_\_\_\_\_

Send your completed form and registration fee to:

Brethren Woods, 4896 Armentrout Path, Keezletown, VA 22832

Registration is also available online at [www.brethrenwoods.org/mensretreat](http://www.brethrenwoods.org/mensretreat) by **September 14th.**

You will receive a confirmation letter by email or postal mail with more information soon!