

## SUPER PIONEER ADVENTURE CAMP PACKING LIST

### What to Bring:

**These items are REQUIRED! Be sure to mark all of your belongings with your name. Please select clothing in line with the dress code guidelines outlined in the Parent and Guardian's Guide. Feel free to contact us if you have any questions or a special need.**

- \_\_\_ Health Form, Insurance Card Copy, Medicines, and Medical Devices (Medicines and Medical Devices will only be accepted in their original containers with a proper label.)
- \_\_\_ Waivers / Permission Slips
- \_\_\_ Bible (complete text) and Writing Materials
- \_\_\_ Sleeping bag (warm but lightweight) with a water proof stuff sack
- \_\_\_ Large zip-lock bags
- \_\_\_ Clothing suitable for outdoor life for five days (cool evenings / hot days)  
Suggestions: 3-4 shirts, 1 pair of long pants (not jeans), 3-4 pairs of shorts, 1 long sleeve T-shirt, etc. Remember that cotton does not insulate when wet or dry quickly, so alternative materials (nylon, acrylic, silk, and wool) are better. Think light and small.
- \_\_\_ Extra changes of socks and underwear
- \_\_\_ Heavy sweater or jacket
- \_\_\_ Hiking boots and heavy socks for backpacking
- \_\_\_ Tennis shoes – **NO SANDALS OR CROCS**
- \_\_\_ **NEW**—Campers may bring adventure sandals which **MUST** have a strap around the ankle. These may be worn around camp & for water activities, but tennis shoes will be required for hikes and other adventures. **FLIP FLOPS ARE NOT PERMITTED** for walking around camp.
- \_\_\_ Lightweight tennis shoes, water shoes, or sport sandals for canoeing – **NO FLIP-FLOPS**
- \_\_\_ Sun protection (hat with a full brim, sunglasses, sunscreen, lip balm, etc.)
- \_\_\_ Rain gear (raincoat or poncho)
- \_\_\_ Bathing suit (Modest swimwear is required. For girls this means a one-piece or a two-piece tankini that meets in the middle.)
- \_\_\_ Travel-sized toilet articles (toothpaste, toothbrush, soap, comb, towels, washcloth, etc.)
- \_\_\_ Laundry bag
- \_\_\_ Sealable water bottle (This is important! Water bottles are available in the Camp Store.)
- \_\_\_ Flashlight
- \_\_\_ As little baggage as possible – one suitcase, day pack or book bag, & sleeping bag  
(This program includes an overnight backpacking experience. Pack only what you can comfortably carry! Backpacks are available at camp if you do not have your own.)
- \_\_\_ Small amount of spending money for the Camp Store and Service Project
- \_\_\_ Insect repellent (We recommend that your child bring insect repellent - Off, Deep Woods, or similar brands. According to Health Department guidelines, it is important for repellent be used. It is **very important** to read the instructions for use with your child and educate them about the repellent's use, especially if the spray is to be used on clothing, not directly on the skin. If you are not comfortable using these products, the Health Department recommends considering an alternative, such as Avon's Skin-So-Soft, for some protection).

### What Not to Bring:

- TV's, Radios, Computers, Handheld Games, IPODs, MP3 Players, and Other Electronics
- Cell Phones
- Food and Candy
- Hairdryers, Curling Irons, Flat Irons/"Straightners," etc.
- Alcohol and Tobacco
- Weapons and Firecrackers
- Pets